# Kids Wardrobe Checklist 

## Summer

Step 1: Declutter and Inventory $\sim$
Go through your kid(s) dresser and closet and organize their clothes by size and season.

Step 2: Up-Cycle or Store $\sim$
For any items, your kid(s) has outgrown or no longer needs. ThredUp and Poshmark are easy and fantastic. No shame in being frugal and giving great clothing second life!

Step 3: Determine Ideal \# Outfits By Age $\sim$
Be honest with yourself and how often you will do laundry. This chart is a guide based on doing laundry every three days (which I understand might not be realistic for busy moms, so double the number below if you do laundry once a week!)

## EVERYDAY OUTFITS BY AGE

| newborn | $10-12$ outfits |
| ---: | :--- |
| $6-18$ months | $8-10$ outfits |
| $18-24$ months | $6-7$ outfits |
| $2-4$ years | $5-6$ outfits |
| $5-7$ years | $4-5$ outfits |
| $8-12$ years | $4-5$ outfits |

Step 4: Use this checklist to determine what you have and what you need $\sim$
We like breaking up kids' seasonal refresh into a few days because it does take a little time, and it's hard to sneak in pockets of concentration with kids. Use this checklist to note what your kid(s) has, and you'll be prepared to "go shopping" when you have a few minutes later.

Step 5: Buy $\sim$
Use this list to buy what your kid(s) still needs, tallying up your purchases as you make them.
$\sim$ While refreshing your kid(s) closet(s), make sure you also update and replace their extra outfits at school/camp. We love to shop consignment or somewhere inexpensive since those outfits usually sit in a ziplock bag $\sim$

I hope this checklist helps make refreshing your kid's wardrobe a little easier!

If you have any questions, I'm happy to help!
meg@allthemoments.co

## Capsule Wardrobe Checklist

Kid Name:

## Size:

Tops

| 5 Everyday Shirts |  |  |  |
| :--- | :--- | :--- | :--- |
| 2 Long-Sleeve Shirts | - | - |  |
| 1 Sweatshirt | - | - | - |
| 1 Sweater | - | - | - |
| 3 Everyday Dresses | - | - |  |
| 2 Dressy Dresses / Dressy Tops/Skirts | - | - |  |

## Bottoms

2 leggings or joggers
1 jeans
5 shorts/skirts

## Footwear

1 Everyday Shoes - Waterproof
1 pair of Dress Shoes
1 pair of Tennis Shoes
1 pair Sandals / Flipflops

## Underthings

7 Undershirts<br>7 Socks<br>7 Underwear<br>3 Pajamas

## Outerwear

1 lightweight jacket
1 rain jacket

## Seasonal - Find the Fun

## 1-2 swimsuits

beach cover-up
2 UV sun shirts
1 baseball cap/sun hat
sunglasses
Holiday Outfits - 4th of July


## Capsule Wardrobe Checklist

Kid Name:

## Size:

Tops
5 Everyday Shirts
2 Long-Sleeve Shirts
1 Sweatshirt
1 Sweater
2 Dress Shirts / Button Downs

Bottoms
5 shorts
1 jeans
2 khakis
1 joggers
Footwear
1 Everyday Shoes - Waterproof
1 pair of Dress Shoes
1 pair of Tennis Shoes
1 pair Sandals / Flipflops

## Underthings

7 Undershirts
7 Socks
7 Underwear
3 Pajamas
Outerwear
1 lightweight jacket

1 rain jacket

## Seasonal - Find the Fun

1-2 swimsuits
beach cover-up
2 UV sun shirts
1 baseball cap/sun hat
sunglasses
Holiday Outfits - 4th of July


