

THE WEEK AHEAD

july 16th — july 22nd

- Back to School — New for School — Find a few minutes to inventory your kid's clothing. What do they have? What will they need? Write a list so you have a skeleton to build on as the summer winds down. [FALL CAPSULE WARDROBE CHECKLIST.](#)

- Home — Breath in the clean air — It's time to replace your HVAC filter. Take the 3 minutes it takes to go to your unit, pull out the old filter, and replace the new one. You and your whole family will breathe cleaner air before you know it! Especially important with all the crazy air quality issues we've all been living with!

- Gifting — August presents + cards provisioning — It's time to task batch buying all your presents, cards, and stamps for the month! Look at your calendar and take note of all the August birthdays.

additional to-dos —