

THE WEEKLY LIST

October 29th — November 4th



Halloween

- Enjoy carving your pumpkins and soaking up all the Halloween celebrations!



Thanksgiving

- Consider and plan for your pre- and post- thanksgiving feast traditions (old or new!)
- Plan the Thanksgiving Dinner Menu
- Think about what you, your partner and kid(s) will wear on Thanksgiving
- Continue to get ready for overnight guests



Christmas

- Starting writing down gift ideas for partners, kids, family members, friends, and co-workers.



Household

- Northeast Readers — Buy Firewood + Salt + Shovels and have your snow plow serviced



Other

- Prepare for “Falling Back” on Nov 5th — Move your child's bedtime gradually later (about 10/15 min each night) this week so that she/he feels ready for sleep once we change the clocks.